

Pulled Pork Slow Cook Recipe

Recipe

Ingredient	Amount
Pork (shoulder or leg)	1 kg
Pulled Pork Sauce Mix	75 g
Honey	1 to 2 tablespoons
Water	300 ml

Method

- 1. Place the pork joint into your slow cooker pot.
- 2. Blend the pulled pork sauce mix with the water (300ml) and pour over the pork.
- 3. Cover and cook for 4 hours on HIGH or 8 hours on MEDIUM or until the meat is tender and cooked through (keep covered during cooking: cooking times may vary between slow cooker models).
- 4. If the pork has a bone, remove and discard it.
- 5. Use 2 forks to shred the pork.
- 6. Stir in the honey to desired sweetness and serve.

Top Tip – smear a thin layer of oil around your slow cooker pot before adding the ingredients to prevent excess sticking.

